## Report on 8th Singapore Paediatric and Perinatal Annual Congress 2019



The 8<sup>th</sup> Singapore Paediatric and Perinatal Annual Congress (SiPPAC) 2019 was held on 27<sup>th</sup> and 28<sup>th</sup> July, 2019 at the Grand Copthorne Waterfront Convention Centre, Singapore. The event was organized by the Singapore Paediatric Society and supported by the College of Paediatrics and Child Health, Academy of Medicine Singapore and the Perinatal Society of Singapore.

The theme for this year was "Exploring the Science- Beyond Medicine to Health". There was an array of relevant paediatric and perinatal topics within the scientific programme to cater to the everchanging needs of our practicing paediatricians.

The Haridas Memorial Lecture delivered by Prof Ho Lai Yun on "Building an Inclusive Early Childhood Intervention Ecosystem in Singapore: 1988-2017" depicted the dynamic changes in the needs of children growing up in Singapore over a period of approximately thirty years. It also highlighted important milestones that the healthcare services had put in place to support children and their families, especially those with special needs.

The other plenary lectures on Clinical Relevance on Genomics in Paediatrics and The Role of Microbiome in Health and Disease by Dr Tan Ee Shien and Adj Prof Lee Bee Wah respectively were interesting and intriguing. Both lectures highlighted the concepts of precision medicine and how technologies in these areas can improve the healthcare outcomes of patients, and at the same time promote health through prevention of diseases.

The scientific programme was also accompanied with a range of topics to cater to the needs of specialists, trainees and students. This ranged from various clinical paediatric symposia to topics on healthcare safety and quality in the fields of Paediatrics and Perinatology.

There were 324 attendees for the two-day congress consisting of participants locally and from the region. There was also a good range of local research presentation in the form of oral papers and poster displays. All these added to the variety of scientific information disseminated at the congress.

The organizing committee would like to express its thanks to our regular supporters from the industry. Their sponsorship and participation at the exhibition area made the event successful for everyone present. We would also like to express our gratitude to our supporting staff and volunteers who were committed in making SiPPAC 2019 a success. – **Dr. Alvin Chang, Honorary Secretary, Singapore Paediatric Society (SPS)** 

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