

APPA BULLETIN

ASIA PACIFIC PEDIATRIC ASSOCIATION

formerly known as Association of Pediatric Societies of the SouthEast Asian Region (APSSEAR)

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The 30th IPA Congress 2023

The International Pediatric Association (IPA) held its 30th Biennial Conference from February 19-23, 2023 in Gandhinagar, Gujarat, India. The host country was India and it was held together with the 60th Annual Conference (PEDICON 2023) of the Indian Academy of Pediatrics (IAP). As envisioned by the organizers, it was one of the largest conferences attended by pediatric specialists, experts, teachers, students, professors, scientists and editors in the 21st

century, with the following projections: 43+ visionary speakers, 28+ workshops, 950+ event participants and 100+ international sponsors. The theme of the conference was "Quality Care for Every Child Everywhere". It was conducted as hybrid; participants attending FTF were at the Mahatma Mandir Convention and Exhibition Center while livestreaming was provided for remote participants.

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PRESIDENT'S MESSAGE



It is a pleasure to see our newsletter coming on a regular basis. I particularly acknowledge efforts by our very meticulous Secretary General, Prof. Dr. Zulkifli Ismail, to ensure on time publication of issue with items of interest to our region.

As this issue might reach friends in the region during this month of Ramzan ul Mubarak, hence kindly accept greetings to all; hopefully, have earned most of blessings of Almighty. By the same token Eid Greetings to all the Muslim readers in our region.

Asia Pacific region participated in IPA congress held in Ghandhinagar in February 2023 at a smaller scale for different reasons including that of non issuance of visa by host country. A full report of the event is part of this newsletter also.

Unfortunately, we believe that there was dearth of cordiality, glowing oversight of Ethics and rules.

A plea was made for active participation by member associations from the very beginning of this tenure 2022-2024, but the response to requests have not been as enthusiastic; probably COVID and economic/political landscape is to be blamed. However, it is further reminded to increase the regional participation by all member associations.

Two out of five of our TAG groups have shown excellent progress, namely the Constitution Amendment Committee and Child Rights, Environment and Child Health Committee;

we urge the chairs and members of remaining three to energize and catch up.

In the vision and planning of this tenure it was proposed to incorporate an APPA session/symposium in national or subregional academic activities, to enhance interaction and involvement of the colleagues from the region; the teachings/resources created during COVID period, surely can help overcome the cost constraint as applicable.

During the last one year of this tenure since we first ever stand alone hosting the 17th Asia Pacific Congress of Pediatrics (APCP) held in March 2022, we have one completed and two planned APPA sessions. In October 2022, Pakistan Pediatric Association (PPA) during its Biennial conference accommodated one academic session which involved participation from APPA region with the theme of Immunization and another session for planning and Standing Committee meeting of APPA. The 25th Annual Scientific Congress of Sri Lanka College of Pediatricians (SLCP) to be held from May 13-16, 2023 in Colombo, have incorporated an APPA session on Child Protection & Safety impact on children with speakers from three other countries to be held on May 16, 2023 while another APPA session has been committed, being formalized during Pakistan Pediatric Association meeting in Peshawar Pakistan during November 24-26, 2023.

I will urge all member societies to consider the suggestion and incorporate if at all possible.

The earthquake in Turkey/Syria has seen lots of lives lost including children; our prayers and support for full recovery is always there.

Professor Dr. Iqbal Ahmad Memon President of Asia Pacific Pediatric Association



RACP/PCHD INTERNATIONAL GRANT

Paediatrics International Grant-Asia Pacific Region

Dear Member Countries affiliated to APPA,

Greetings from the APPA Secretariat in Kuala Lumpur.

The Royal Australasian College of Physicians (RACP)/Paediatrics and Child Health Division (PCHD) has advertised the "Paediatrics International Grant - Asia Pacific Region".

Applications are open from 17th April to the 30th of June 2023.

You can download the application form in the website.

Details of the international grant are available on the website below. https://www.racp.edu.au/about/foundation/international-grants



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APPA President, Prof. Dr Iqbal Memon was represented by yours truly, Dr. Joselyn Eusebio, as APPA's President-Elect, throughout the different important IPA events, including the Standing Committee (SC) Meeting on February 19, held at The Leela Gandhinagar.

Prof. Dr. Iqbal was unable to attend the IPA Congress due to problems with visa issuance.



APPA Secretary General Prof. Dr. Zulkifli Ismail was also unable to attend due to other commitments.

One of the highlights of the meeting was a discussion and a review on the process of choosing the nominees for IPA Standing Committees, which ended up in announcing the list of the nominees, five of which were from APPA. The five APPA candidates nominated for the IPA SC for the 2023-2025 term were:

- 1) Dr. Piprim B Yanuarso (Indonesia)
- 2) Dr. Nitin Kapur (Australia)
- 3) Prof. Dr. Manzoor Hussain (Bangladesh)
- 4) Dr. Akira Oka (Japan) and
- 5) Prof. Dr. Muhammad Ashraf Sultan (Pakistan)

Second day

On the 2nd day, the IPA Council of Delegates Meeting (1) was held in the afternoon, followed by the Inauguration and Award Ceremony in the evening, which was graced by no other than India's Minister of Health (MoH). It was a night of cultural festivities.

APPA took an active part in the said conference as one of its Standing Committee members, Dr. Nitin Kapur of Australia was a Speaker on February 20, 3:30pm on the topic, "Obstructive Sleep Apnea".



Third day

On the 3rd day of the Congress, during the Council of Delegates Meeting, amendments to the IPA's Constitution and By-laws were presented. Also, IPA election, presentation of the bidders to host the 2027 IPA Congress and subsequent votation, were also held.

Warmest congratulations to IPA President, Dr. Naveen Thacker and IPA President-Elect, Prof. Dr. Joseph Haddad and also to all newly elected members to IPA SC 2023-2025, including, APPA's nominations: **Dr. Nitin Kapur (Australia) and Prof. Dr. Muhammad Ashraf Sultan (Pakistan)**, and to Rwanda Pediatric Association as host for the 2027 IPA Congress.



Fourth day

On the 4th day, IPA SC 2023-2025 Meeting was held and was joined virtually by Prof. Dr. Iqbal Memon and IPA/APPA Standing Committee member, Prof. Dr. Muhammad Ashraf Sultan (Pakistan) while Dr. Nitin Kapur and myself, attended it face to face.

Dr. Thacker shared his proposed plans and projects during his term. Amendments to IPA Constitution and by-laws were presented as well as the report on IPA financial status.

Members of the Standing Committees were asked to be a part or a member of the different projects of IPA.

Fifth and last day

On the fifth and last day of the Congress, the plenary and simultaneous sessions were still jam-packed with attendees.

Two Baby Victims of Whooping Cough a 'Tragic Start to Epidemic'



The two people who died from whooping cough this year were babies under one year old.

Doctors worry the country is on the brink of its worst whooping cough epidemic in years because of low rates of childhood vaccination.

Te Whatu Ora announced the two deaths earlier this month but did not give the ages at the time.

The head of the Immunisation Taskforce and Māori paediatrician Owen Sinclair said the news was heartbreaking. In the last whooping cough epidemic, in 2018, there were four deaths in total, he said.

"Just to have it happen so suddenly, such a tragic start to this current epidemic, is heart-wrenching," he said.

The disease, also known as pertussis, was particularly dangerous for children, he said.

"Pertussis is a disease we hate.

"Once a child gets it there is nothing we can do about it. We just have to watch, almost helplessly, as a child can often cough themselves to be very sick."

Whooping cough epidemics tended to occur every four or five years, in New Zealand.

Cases had been low during the COVID-19 epidemic but were picking up, he said.

Eight cases notified in 2023

There had been eight cases notified in 2023, all but one of them children, and three children hospitalised.

Sinclair said there were likely to have been more cases, and the number was expected to rise over the next year to 18 months.

Since the last outbreak in 2018, childhood immunisation rates have declined from 78% to 69%.

The rate was much worse for Māori children, down from 61% to 49%.

The fall was setting the stage for a worse epidemic than the one in 2013 where about 2000 children under one caught the disease over a two-year period, Sinclair said.

In communities with low immunisation rates, the disease would spread faster, meaning Māori communities were more at risk.

He urged everyone to check their baby was up to date with their vaccinations.

Whānau, where a baby was due, should also make sure adults and older children were vaccinated as they could pass it on to children, even if they have mild symptoms.

Sinclair wanted better communication from health authorities about the danger of the disease and the importance of being immunised, saying any messages so far had lacked intensity.

- RNZ, www.1news.co.nz, March 22, 2023



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Indeed the 5-day IPA congress was a well-organized and attended event.

APPA extends its heartfelt congratulations to the organizers!

-Dr. Joselyn Eusebio President-Elect, APPA

Saving 1000 Sick Kids in Australia



Australia Plan to Save at Least 1000 Sick Kids a Year as Nation Becomes First in the World to Offer It to Everyone

Karl Stefanovic was visibly moved while discussing a ground breaking new cancer treatment that hopes to cure or at least prolong the lives of every child in Australia with the disease.

Australia will be the first country in the world to offer the Zero Childhood Cancer Program to every person under 18 who is diagnosed with cancer.

About 1,000 children every year in Australia will be diagnosed with the disease, while three a week will sadly lose their lives.

Cancer Genetic Sequencing

The treatment works by analysing the genetic sequencing of a child's cancer. Scientists are then able to search a database of 120 drugs to find which would best target the specific gene mutation.

The Today Show host said the news of such a potentially life-saving treatment was giving him 'tingles' as he spoke to specialist paediatric oncologist Dr Geoff McCowage.

'This is such a wonderful thing to give those kids out there and their families some peace of mind in the most awful of circumstances,' he said.

The treatment had previously just been limited to children suffering the worst forms of cancer, but by the end of the year everyone under 18 with the disease will be eligible - regardless of their age and type of cancer.

The work is being led by the Children's Cancer Institute and Kids Cancer Centre at Sydney Children's Hospital in Randwick, Australia. Zero Childhood Cancer Program will be rolled out across all nine of Australia's children's hospitals by the end of the year.

HOW DOES IT WORK?

The Zero Childhood Cancer Program works by analysing the genetic sequence of a child's cancer.

The cancer cells will be then screened across 120 drugs so researchers can find which drug will best treat the cancer.

Those drugs are then tested in a lab before being given to the patient.

Response to Zero

In a clinical trial of 250 children, 70 per cent showed a complete or partial response to Zero, or had their disease stabilised.

'The old-fashioned way (of treatment) was to take a sample of a cancer and look at it under a microscope and say "OK this is bone cancer", and then use some drugs from the 1980s that were pretty blunt instruments and caused all sorts of side effects and hope they worked, Dr. McCowage said on the breakfast program.

Zero will allow scientists to analyse the genes in the tumour, and identify the change in the DNA that caused the cancer.

'Then we can have a sense of why that cell became malignant but more importantly, we can find DNA changes that now have a very modern, very specific drug to treat them.'

The oncologist said the modern treatment would target the cancer but not the rest of the body, with patients unlikely to lose their hair or suffer a drop in their blood count.

'We can legitimately expect that this is going to save lives in the future, this will become mainstream,' he said.

Transforming everything

'It's just going to transform everything we do.'
Vanessa Tyrrell, a Program Leader at Zero Childhood Cancer said incredible results have already been seen from trials.

'We are seeing children alive today, who would not have survived without Zero Childhood Cancer,' she said.

The clinical trial opened in September, 2017, with more than 900 children having already been enrolled.

- dailymail.co.uk, February 14, 2023



Sri Lanka College of Paediatricians to the Fore in Dramatic National Crises

Over the last couple of years, Sri Lanka has persevered through perhaps the most challenging time in its history. Many problems have plagued the country including the COVID-19 pandemic, galloping inflation, depreciation of its currency, political instability, mass protests in the streets, non-availability of essentials, food insecurity, starvation, as well as rampant malnutrition. That perception tugged hard at the heartstrings of the Sri Lanka College of Paediatricians (SLCP).

Feed a Child Programme - Ensuring Food Security



Under such circumstances, the SLCP decided to commit to preserving the welfare of our people. The college assembled all interested parties and potential donors and decided to start the 'Feed a Child' programme. It began as a pilot project in the central hills of Nuwara Eliya, the selection being based on documented evidence of the district as one with a very high prevalence of childhood malnutrition.

As funding was initially deemed a difficult task, the membership stepped in together with friends and family. Followed by a few, charitable organizations, both national and international.

Nutritious, low-cost recipes were introduced to supplement the nutrition while constant monitoring kept the programme functioning like a well-oiled machine.

In addition, the Sri Lanka College of Paediatricians with their official media partner instigated a project called "One Pot Sri Lanka"; an initiative by SLCP.

Progress

After the first 6 months of completion of the Feed a Child Programme in Nuwara Eliya, the programme will officially end. However, this set protocol can be extrapolated to any district or even the entire country. The SLCP embarked on the second programme in the Anuradhapura District with high malnutrition rates to continue the initiative.

A cost of LKR 36000 per child per 6 months is spent for the aforesaid programme.

The SLCP realises the provision of dry rations may not be the total answer to the ongoing crises. The family empowerment programme launched on the March 27, 2023 will continue to fulfil the daily needs of food while uplifting the financial condition of the families.

Medical Donations Programme

In a time of crisis, the Sri Lankans at home and abroad volunteered to provide donations to the children in paediatric units, provided they were assured that their donations ended up serving those who deserved it.

At this juncture, the College unanimously decided to step up and take up the onerous task of providing legitimacy to the donations being sought and received. The college expediently organized a task force, to identify shortages and take all necessary steps to alleviate them. A digital focal point was created, allowing all paediatric units and ICUs to list their urgent medicinal and equipment requirements.

A preliminary assessment revealed a dire shortage, far worse than imagined. Demands ranged from simple syringes and dressing material to life-saving intravenous medications, from small peripheral paediatric units to the largest tertiary care centres. With this initial assessment, the task force did a triage of all the requests received, intending to divert available funds to the most pressing needs. The task force decided that they would not handle the funds directly but rather set up the donors with legal suppliers, further adding to the assurance of integrity and transparency sought by the donors.

The College has now overseen the donation and receipt of medical supplies worth nearly One Hundred and Ten Million rupees in a short period of just a few months. Our donors have

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Malaysian Parliament Passes Bill to Protect Children Against Sexual Offences

Law and institutional reform minister Azalina Othman Said says the Bill is crucial to protect children from all forms of sexual exploitation and abuse online



The Malaysian Parliament (Dewan Rakyat) has passed an amendment Bill for the Sexual Offences Against Children Act 2017 on Wednesday, March 29, 2023 to better protect minors against such crimes.

The Bill was passed through a voice vote after it was tabled for its second and third reading by

Law and Institutional Reform Minister Azalina Othman Said earlier.

Azalina said it was crucial to amend the Act to ensure the laws remained in line with technological developments and to better protect children against all forms of sexual exploitation and abuse online.

"One of the main gap in the law that must be bridged and given priority is the sexual abuse of children online. Technological advancements have made access to the internet easier for all, including children," she said in the Dewan Rakyat.

The amendments to the Act seek to introduce provisions allowing children to appear in court as a witness as well as seeking to increase the age of child witnesses from 16 to 18.

Those found guilty of offences under the Act will face up to 20 years imprisonment and a fine of RM50,000.

Azalina said the amendments to the Act would also allow for the prosecution of not only those who watch and participate in sexual acts against children online, but also "middlemen and syndicates" who organise and distribute such content.

- freemalaysiatoday.com, March 29, 2023



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ranged from office workers drawing a meagre monthly income to wealthy individuals and institutions based locally and across the seas.

In this moment of realization of our collective spirit and grit, the College rises to salute and thank every individual who has contributed his or her services to this endeavour, financial and otherwise. We do seek their renewed and continued support in the future too.

- Dr. Amali C Dalpatadu, Secretary, Sri Lanka College of Paediatricians (SLCP).





Indonesian Pediatric Society (IPS) Activities

1.Indonesian Newborn Pulse Oxymetry Screening Training (INPOST) Program

The Indonesian Pediatric Society (IPS) has launched the INPOST (Indonesian Newborn Pulse Oxymetry Screening Training) program, a one-day congenital heart disease screening training for doctors, midwives, and nurses.



Congenital Heart Disease (CHD) is the most common disorder found in newborns, with an estimated 1 per 100 births with 25% of them being critical CHD. Most cases of critical CHD are referred late and die due to late diagnosis.

Interprofessional collaboration is one of the important points to conduct integrated examination and diagnosis. Thus, this training was also attended by the Directorate of Family Health and the Indonesian Midwives Association.

Indonesian Pediatric Society expects that the socialization of early detection of CHD and training can help reduce infant and child mortality rates, increase preventive and promotive actions against the problem of CHD and critical CHD to improve the quality of life of Indonesian infants and children.



2.Increasing Indonesian Children's Quality of Life with Congenital Hypothyroidism Screening

Neonatal screening, especially congenital hypothyroid screening is an affordable and effective preventive measure to detect congenital abnormalities in newborns. Early diagnosis and appropriate therapy are key to protecting children with congenital abnormalities from death or complications that can significantly reduce their quality of life.

The Indonesian Pediatric Society is committed to improving the quality of life of Indonesian children. Screening neonates is one of the steps that can be taken to achieve this goal. Various scientific efforts related to screening neonates, especially congenital hypothyroid screening have been carried out in the expectancy of growing the awareness of health workers and the public about the program.

- Indonesian Pediatric Society, April 3, 2023



Singapore's New Guidance on Screen Use in Children



The availability of screen devices and their uses have rapidly expanded over recent years. While children can benefit from screen use, there are also potential downsides, particularly in children below 36 months, as it is a sensitive period of brain development. Excessive screen use is also associated with poorer language skills and shorter attention spans in infants and toddlers.

It has been observed that screen use is also associated with insufficient good quality sleep, sedentary behaviours, increased obesity, and poorer mental health and well-being. These potential negative consequences are linked to the degree that screen use displaces other activities, such as sleeping, playing and interacting with friends and being physically active.

It is increasingly important to ensure that families adopt healthy screen use habits among children. In view of this, the Ministry of Health, Singapore launched a new advisory on screen use for children up to 12 years of age to provide parents with more resources and practical help to support their children on healthy screen and device use. The advisory ('Guidance on Screen Use in Children') was developed by an expert subgroup comprising professionals from healthcare, social and educational agencies under the ambit of the Child and Maternal Health and Well-being Taskforce.

The advisory serves to provide guidance to parents on managing their child's screen use, modelling healthy screen use habits, and encouraging meaningful screen use.

- Families should manage screen use based on the needs of an individual child.
- Parents are encouraged to be present and engaged when children are using devices.
- Parents should role-model positive screen-use behaviours and habits for their children and encourage a balance between screen use and other activities.
- Parents should encourage healthy screen use among their children. Healthy screen use means choosing appropriate and safe screen content, engaging in active screen use, co-viewing media with an adult, minimising background

screen use and passive screen use, and moderating recreational screen use.

Guidance for different age groups is also provided to highlight key points that families should be aware of. The subgroup has taken a prudent approach and suggested time limits for younger children (aged less than 36 months) due to stronger associations between excessive screen use and negative outcomes for this age group.

For children under 18 months:

- Discourage any screen use unless it is for interactive video chatting.
- · Reduce background screen use.

For children between 18 months and 6 years old:

- Less passive screen use is recommended, to be balanced with active, interactive and educational screen use.
 - For children between 18 and 36 months old, suggest limiting total screen use to less than one hour a day.
- Co-view media with children where possible. Speak and discuss with them about what they are viewing to keep them actively engaged.
- Carefully choose educational content for children and ensure that the content is age-appropriate.
- Reduce background screen use.
- Avoid screen use during meals and one hour before bedtime.

For children between 7 and 12 years old:

- Develop a collaborative screen use plan or timetable for the family to help achieve an appropriate balance between screen use and other age-appropriate activities.
- Be familiar with how to safeguard children from possible harmful online influences by having regular conversations with children to find out what they are doing online and consider using parental control settings to monitor and ensure children access age-appropriate content.
- Avoid screen use during mealtimes and one hour before bedtime
- Take appropriate steps if you have concerns that your child has difficulty regulating his or her screen use.

Organisations and healthcare professionals working with children could work with parents to develop the healthy screen use practices recommended in this advisory. The advisory and an evidence review produced by the National University of Singapore's Saw Swee Hock School of Public Health can be downloaded from: https://go.gov.sg/mohscreenadvisory. A handy infographic for parents can be found at https://go.gov.sg/screenadvisory-infographic.

Ministry of Health, Singapore Epidemiology and Disease Control Division Secretariat to Screen Use Expert Subgroup

My Scholarship Impact Story: Pediatric Nephrology Training at Shizukoa



Namaste and a very warm greetings to all of you.

First of all I like to express my gratitude to the Asia Pacific Pediatric Association (APPA), Japan Pediatric Society (JPS) and the Nepal Paediatric Society (NEPAS) for giving me the opportunity to have a training program in Japan.

It was a three month training program (from mid September to mid December 2019) conducted in two hospitals (St Mary's Hospital and Kurume University) in Fukuoka, Japan.

As a recipient of this program I must say it was a great learning period for me. I have a special interest in pediatric intensive care and I like to thank JPS for modifying my training program according to my interest.

I spent most of my time in critical care unit and learnt about various cases there. I had an opportunity of doing few procedures like lumbar puncture, femoral vein cathterisation, giving injectable medicines to children.

I also learnt basic echocardiography and ultrasonography which was like hands-on-training for me which is really helpful in my current practice as well. I had an opportunity of observing outpatient clinic in Rheumatology, Neurology and General Pediatrics and had an idea about pattern of illness in children there. I also attended seminar in Neonatology and lectures delivered by international delegates.

Besides learning, I had a very wonderful stay in Japan. I found people very caring, helpful and humble.

I had a visit to few wonderful places like Tokyo, Nagasaki, Hakata, Kagoshima and had collected wonderful memories. Lastly, I would like to thank Dr. Motoi Adachi, Ms. Makiko Suzuki, Dr. Kawano and other members who had helped me a lot during my stay.

-Dr. Shaju Aryal MBBS, MD, MRCPCH(UK) Consultant pediatrician Devdaha Medical College and Research Institute Devdaha-9 Rupandehi, Nepal

Note: Dr. Shaju Aryal is one of the two recipients of the JPS Training Program 2019

Sharing Experience During the JPS Training Program In 2019



I am Henny Adriani Puspitasari, a pediatrician who fell in love with nephrology, from Dr. Cipto Mangunkusumo General Hospital - Faculty of Medicine Universitas Indonesia, Jakarta, Indonesia.

My hospital is a national referral hospital that provides comprehensive pediatric

nephrology services which in 2013 started running a pediatric-dedicated dialysis unit.

I am honoured to have been awarded a full scholarship for pediatric nephrology training program from Japan Pediatric Society (JPS) in 2019, along with one other colleague from Nepal, Dr. Shaju Aryal.

My placement was at Mt. Fuji Shizuoka Children Hospital which is located in Shizuoka city, Japan approximately 170 km from Tokyo. It is the referral hospital for the perfecture.

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My training began in September 2019 and I was mainly mentored by Dr. Hirotsugu Kitayama, a senior pediatric nephrologist and the Chief of Pediatric Nephrology Department in the hospital. I also requested to be rotated in the Immunology and Neonatology Department as part of my training.

The training enriched my experience and expanded my knowledge in pediatric nephrology subjects, especially in acute kidney injury. I learned from my mentor how to perform continuous kidney replacement therapy (CKRT) simultaneously with theurapeutic plasma exchange (tandem treatment) in patient with acute liver failure.

This experience equipped my team and me to deal with acute liver failure cases during the pandemic and also acute rejection in post-liver transplantation cases. I was also introduced to hemoadsorption methods which was very helpful during the surge of COVID-19 in my country.

Glomerular diseases managed in Japan

Moreover, I observed how glomerular diseases were managed in Japan, from early detection by school urine screening programme, kidney biopsy, imunosupressive treatment, and also how to incorporate genetic testing in the management of kidney diseases in children. I was given the opportunity to join 2 local conferences in Hamamatsu and Nagoya City. In Hamamatsu, I learned about peritoneal dialysis (PD) from nurses and doctors presentation. I not only learn about automated peritoneal dialysis, which was not yet available in Indonesia, but also learned how the nurses took care of special cases in children with PD.

The congress in Nagoya City was fascinating as it was in the field of acute kidney injury (AKI). I learned about the different machines used for kidney replacement therapy in Japan and how CKRT can be performed in neonates. My mentor also



introduced me to his colleagues who had been working in the field of AKI.

It inspired me immensely and encouraged me to perform kidney replacement therapy in neonates. My team was able to perform CKRT in 3.8 kg neonates, which was the first one in the country. I am currently paving the way to perform CKRT in smaller neonates.

From my rotation in immunology and neonatology, I learned new things in the field of immunobiology treatment and also how to work alongside neonatologists and obstetricians when dealing with antenatally diagnosed congenital anomally of kidney and urinary tract (CAKUT).

In the field of research, I learned more about urine biomarkers from my mentor, how to apply it in practice. With his help, I was able to bring the POC kit to Indonesia for an extension of my on-going-study.

Successfully published a paper

Three years after my training, I successfully published a paper entitled "Point-of-care urinaly L-type fatty acid binding protein (u-LFABP) use in critically ill, very preterm neonates" in The International Journal of Nephrology. Hopefully, it will be a stepping stone for the future studies in this field.

I have been very grateful to be placed in Shizuoka Children Hospital. Apart from the medical experience that I acquired, I also gained insight into the Japanese working culture as well as made friends along the way.

All of the hospital members were very attentive and respectful. As a moslem, I felt comfortable and accommodated as I was given break time and a place to perform my daily prayers.

The hospital also catered to my dietary restrictions. Overall, I have benefited a great deal from this program.

Hopefully it would continuously provide other pediatricians an opportunity to grow and develop by experiencing training in Japan.

- Dr. Henny Adriani Puspitasari, Sp.A(K)
Pediatrician, Pediatric Nephrology Consultant
Hospital Dr. Cipto Mangunkusumo, General Hospital
Faculty of Medicine Universitas Indonesia

Note: Dr. Henny Adrinian Puspitasari is one of the two recipients of the JPS Training Program 2019





Redesigning the Horizon of Pediatric Healthcare in the Asia Pacific

November 14-17, 2024 | Cebu, Philippines



INTERNATIONAL PAEDIATRIC EVENTS

2023

THAILAND

4th Asian Pediatric Intensive Care Medicine Congress in conjunction with the Annual Thai Pediatric Pulmonary & Critical Care 2023 Date: May 10-12, 2023

NEPAL

XXth Nepalese Congress of Pediatrics (NEPCON 2023)

Date: May 11-13, 2023 Venue: Park Village Resort, Budhanilkantha, Kathmandu, Nepal Email: nepalpaediatricsociety@gmail.com Phone: +980-35-94327

SRI LANKA

25th Annual Scientific Congress of Sri Lanka College of Paediatricians

Date: May 13-16, 2023

Venue: May 13 (Waters Edge, Battaramulia)

For more information, please surf: slcp.lk/25th-annual-scientific-congress-2023

PHILIPPINES

THAILAND

Theme: "Road Map to Zero Dengue Death" Date: June 15-16, 2023

Venue: Montien Hotel Surawong Bangkok, Thailand **Secretariat:** secretariat@adva-asia / advasecretariat@gmail.com

NOTE:

These paediatric events are for information purposes and does not constitute any endorsements from the APPA Secretariat.

SINGAPORE

11th Singapore Paediatric & Perinatal Annual Congress (SiPPAC 2023)

Theme: Shaping Child Health for the Future
Date: July 28-30, 2023

Email: secretariat@sps.org.sg Website: www.sps.org.sg Register: http://wizlink.asia/sippac-2023/

SOUTH KOREA

The 16th Asian Pan-Pacific Society for Pediatric Gastroenterology,

Hepatology and Nutrition, (APPSPGHAN 2023)

Date: October 5-8, 2023

Email: info@appspghan2023 Website: appspghan2023.org

MALAYSIA

Date: October 12-14, 2023

Venue: Kuala Lumpur Convention Centre (KLCC), West Wing Level 3,
Kuala Lumpur, Malaysia

Secretariat: secretariat@mpa2023.org

Website: www.mpa2023.org

PAKISTAN

Date: November 24-26, 2023
Venue: Peshawar, Pakistan
Hosted by: Pakistan Pediatric Association (PPA)
Khyber Pakhtunkhwa
Website: www.ppa.org.pk

2024

PHILIPPINES

The 18th Asia Pacific Congress of Pediatrics (18th APCP)
Theme: "Redesigning the Horizon of Pediatric Healthcare in the Asia Pacific"
Date: November 14-17, 2024
Venue: Cebu, Philippines